

New Jersey AIDS HOTLINE

- Referrals
- General Information
- Counseling & Testing Locations
- Treatment Information



A BETTER STATE OF HEALTH

1-800-624-2377

- Having no sex is safest.
- If you do have sex, **always** use a **latex condom and spermicidal foam/jelly with “nonoxynol-9”**.
- HIV (the AIDS virus) is transmitted through blood, semen and vaginal fluid.
- If you use drugs, try to get help right away.
- If you shoot drugs, **never share works** with anyone.
- Always clean your works with bleach and rinse with water.
- Be good to yourself and those you love. Find out if you have HIV. There are medicines that can help you.